

*The 25th Anniversary of the
Blue Mountains Vietnam Veterans
and Associated Forces Inc.
1985—2010*

CONTACT !



July 2010

CONTACT !

Patron: Major General CMI (Sandy) Pearson AO DSO OBE MC (Rtd)
Office address: Allied Services Centre, 108 Macquarie Road , Springwood NSW 2777 Australia
(next to Springwood Civic Centre)

© JOURNAL OF BLUE MOUNTAINS VIETNAM VETERANS & ASSOCIATED FORCES INC.
 incorporating

RAAF VIETNAM ASSOCIATION and the QANTAS "SKIPPY SQUADRON" ASSOCIATION

ABN 74 645 329 198

CFN 17276

THE ASSOCIATION FOR THOSE WHO SERVED IN ALL POST WORLD WAR II CONFLICTS

Your Committee

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Vice President:	Glenn Daly	(02) 4754 1393
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Committee Member	John Woolley	(02) 4754 3015
Association Padre	Bill Wheeler	(02) 4754 4575
CONTACT! Editor	Graham Glasson	(02) 4736 7070

2010 Association Meeting Dates
All meetings commence 1000hrs at
Legacy Office, Raymond Lane
Springwood

08 th August	12 th September
10 th October	14 th November
12 th December	

Office Manager: Mrs. Wendy Wright : (02)4751 8528, Fax (02)4751 8538,

Email: secretary@bmvets.com.au Web site: www.bmvets.com.au

Office Hours are Tuesday and Thursday between 10:00 and 14:00

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RON GLEW FROM SYDNEY'S INNER WEST HAS JUST JOINED THE RANKS OF OUR WELFARE OFFICERS.

PRESIDENT'S REPORT

By the time you read this publication, President Jack and wife Sue will be back in the cool, if not cold, Blue Mountains after extensive travel around the country. During their absence much of the organizing for Memorial Day has been done by John Fenton and his cohorts, however, there will be lots of small but important matters to be completed prior to our big day. Evidence suggests that we will have a large attendance and we can only hope that the weather will be kind to us. After lengthy consideration, your committee has determined that the Royal Hotel will be the venue for the get together after the Memorial Service. The new Manager has been extremely helpful in preparing for the Day and approval has been sought for the hotel to be open from 0800 hours, enabling visitors to have a good breakfast or light meal prior to the March. Our Association will make a contribution towards the cost of snacks to be provided before and after the official functions. Members, this is your day so please make every effort to attend. For those who can't march and wish to be involved, some service vehicles will be provided. Please contact our secretary as soon as possible so he can co-ordinate the transport. Lastly, our thanks go to members who have sold raffle tickets, particularly the volunteers who have braved the elements from Windsor to Emu Plains to Lithgow and most towns in between.

Welcome back Sue and Jack !!!

Glenn Daly

Vice-President

WELFARE WAFFLES

We lost Ray Ashton at the young age of 74 on the 1st June 2010 and we said farewell to him at the Leura Gardens Chapel. There was a big turnout of mates from near and far, standing room only. I felt extremely privileged to be invited by Janet Ashton to present the eulogy to the assembled family and friends. Afternoon tea was held at the Glenbrook Bowling Club.

John Fenton and I attended a meeting on 15 June in which we met with the coordinator for GP's in the mountains, the result of which doctors are now more aware of the veteran's needs in the community. We have a follow up meeting in August to see what the results have been achieved in expanding the understanding of Veterans in the Blue Mountains.

At the moment I have one widow's case, five DVA cases and two MCRS cases which are ongoing. I urge any Veterans to contact any of the Welfare / Pension Officers listed on page 2 if you have a any concern or query that is causing concern to you.

Ray Westwell

Welfare Coordinator

HISTORY TRIVIA JULY – AUGUST

July **1900** - John Adrian Louis Hope appointed first Australian Governor General.

July **1930** - Bradman out for 334 in Test Cricket at Headingley, 383 mins, 46 fours.

July **1942** - The town of Mossman in far North Queensland is bombed by Japanese.

August **1930** - Two halves of Sydney Harbour Bridge are joined.

August **1944** - Japanese prisoners at Cowra, New South Wales, stage a breakout:
4 Australians and 234 Japanese are killed.

August **1949** - The Snowy Mountains Authority comes into being, initiating Australia's greatest feat of engineering in the 20th century.

Vale



Ray Ashton
 19 May 1936 - 01 June 2010
 A217111 Flight Sergeant Motor Transport Driver
 2 SQN Phan Rang Vietnam 04/02/70 - 29/11/1970
 BSQN Butterworth Malaysia 06/12/1972 - 23/01/1975
 numerous mainland Australian RAAF Bases

Co-Founder and Life Member of the BMVV&AF
 Past President 1986/87, 1992/93, 1995/96
 After a long illness. a fighter to the end

Lest We Forget

† BEREAVEMENT NOTICES †

The passing of any member is a sad occasion; unfortunately, all too often we do not hear about such sad news until we receive a letter from a spouse or relative asking that the Raffle Tickets or the *Contact!* be ceased. We also get the monthly DVA listing of all Veterans who have marched on..... this type of notification is very saddening and embarrassing as we often feel we have let a member and/or his family down. We try to publish Bereavement Notices as soon as possible but if we are not informed these notices lose their immediacy and demean the importance. Knowing of such an event as early as possible helps the Association to endeavor to have a Representative of the Association at the funeral. We, your Committee, would appreciate your help by notifying us if you hear or know of one of "ours" marching on.

Belated Vale



(Emmett) Michael Morrison
 21 January 1936 — 10 February 2010
 Flight Sergeant Clerk Financial Accounts
 Base Support Flight and No.1 Operational Support Unit 10/3/1968-5/2/1969
 Vung Tau Vietnam

John Healy
 03 December 1931 - 22 December 2009
 Skippy Squadron
 QANTAS security Officer Tan Son Nhut Saigon
 17/04/1966 to 16/06/1966 and December 1967
 Ex. Sergeant of Police Northern Territory



Lest We Forget

Brian Day continues his series on the valiant deeds by Australian and Allied Forces Service Men and Women who have become recipients of the VC and other Conspicuous Gallantry Awards. In this issue we have decided to move slightly off the normal track to honour an enigma and one of our finest life savers.

Vivian Bullwinkle AO MBE ARRC* ED* FNM* FRCNA*
18 Dec 1915 - 3 Jul 2000

Vivian - sole survivor of the Bangka Island Massacre where the Japanese Army massacred 21 Army nurses and one elderly civilian woman. Taken POW and survived the hell camps of Sumatra, going on to become one of Australia's most distinguished women.

Vivian became a member of staff in the newly formed 13th Australian General Hospital (13th AGH) and in September of that year their unit sailed on the Hospital Ship Wanganella to Singapore. On the morning of December 7th 1941 the Japanese forces attacked Pearl Harbour and at the same time General Yamashita's 25th Japanese Army invaded Malaya. Singapore was bombed and the Japanese began fighting their way down the Malaysian Peninsula towards the island of Singapore. The fighting was fierce and the casualties heavy, by the end of January 1942 the 13th AGH was forced to evacuate to Singapore Island, again in February, with either surrender or annihilation facing them, Colonel A.P. Derham, Assistant Director for Medical Services for the Australian 8th Division, and another officer, Lt.Colonel Gly White, decided to evacuate the 131 nurses and as many casualties as was possible from Singapore by ship. Sixty Five nurses plus as many patients as possible evacuated on the SS Vyner Brooke. The ship cleared port under darkness but was attacked by Japanese planes on the following morning. The ship received three direct hits, with the Bridge totally destroyed, no steering and on fire the Captain gave orders to abandon ship. The ship sank in approximately 15 minutes.

All night long exhausted survivors from the Vyner Brooke and other shipwrecks kept coming ashore and by morning almost sixty men, women and children and 22 members of the AANS were gathered on Radji beach. They were all in need of food and water so a search party, which included Vivian and five other nurses, was dispatched to a nearby village. The village men feared Japanese reprisal and turned the search party away. Fresh water springs were eventually found at the end of the beach.

A large lifeboat carrying British servicemen also washed ashore swelling the numbers of survivors on the Radji beach to almost 100. The group decided to surrender themselves to the Japanese and a small group left in search of the Japanese forces. In the meantime Matron Drummond suggested that mothers, children, and other civilian women start making their way toward the village; this suggestion was to be a life saving move for many. The nurses, including the Matron and one elderly woman (who wished to remain at her husband's side) agreed to remain with the injured, helped the women and children organize themselves for their walk to the next village.

Later Japanese troops arrived and they ordered half of the men were marched at bayonet point down the beach and out of sight behind a headland. A few minutes later the Japanese soldiers returned and gathered up the remaining men, heading them off in the same direction; a short time later gunfire was heard. Later the Japanese soldiers reappeared and ominously motioned for the women to stand up. Not one woman cried, not one woman whimpered and not one of them tried to run away. They had no weapons and they knew that the men from the beach were dead. They also knew that they would not be rescued, it was pointless to run, and besides, where could they go? The soldiers began pushing them into the surf; they stood in a straight line, 22 nurses and one elderly civilian woman facing the horizon. No one spoke, no one wept, and when they reached waist deep water, the Japanese opened fire with a machine gun.

Continued on Page 6

"They just swept up and down the line and the girls fell one after the other,"^[1] Bullwinkle was to recall. She watched Matron Drummond disappear beneath the waves; the bullet that was meant for Vivian struck her in the flesh above her left hip. The force of the round threw her into the waves where she floated. She began to swallow salt water and became nauseous she knew that if she vomited, or showed any movement whatsoever, the Japanese would finish her off. She held her breath, stealing a little air here and there and, although she couldn't swim, she floated and slowly the current brought her closer to the shore. Though wounded, Vivian was the sole survivor of the massacre. "Finally," she was to say later, "...I plucked up enough courage to sit up...I looked around and there was no sign of anybody...there was nothing. Just me"^[1].

Vivian came ashore and walked up a narrow path, away from the beach and into the jungle, some twenty yards into the jungle and rested. The next day, hot and thirsty, she thought of the fresh water springs, at that moment she spotted a line of Japanese soldiers back on the beach. "My heart went to the bottom of the feet again"^[1] she said. After the Japanese left she made for the springs where she recuperated at the spring; she also found Private Kingsley, a British soldier who had also survived being shot and bayoneted and although badly wounded had managed to hide himself near the spring. Vivian and Kingsley remained hidden in the jungle for 12 days, although wounded herself, Vivian, attended to Kingsley's wounds and procured whatever food she could from the local inhabitants. Vivian realized that they could not go on like this, which led her to the inescapable conclusion that they would have to give themselves up again. Kingsley agreed, but asked her to wait 24 hours, she remembered him saying. ^[1] "I'll be thirty nine tomorrow and I'd like to think I had my 39th birthday free", ^[1] "Time is no object" she said, and the next day they celebrated his birthday. On February 28, Vivian and Private Kingsley gave themselves up to the Japanese and were taken to a POW Camp. At the camp Vivian was reunited with her life long friend Wilma Oram and the 31 other nurses who had survived the tragic Singapore escape. After a short rest she was able to recant what had happened to her and the fate of the other nurses. She was saddened to hear that Private Kingsley had since died from his wounds shortly after their arrival.

Vivian became one of the 32 Australian nurses who now faced the prospect of being prisoners of the Japanese for many months, perhaps years. For 18 months in captivity Vivian and her colleagues endured the hardships and the brutality of camp life. Vivian was determined to survive to bear witness to the massacre of her 21 nursing colleagues. She lived to return home and tell her story, for without her, her murdered friends may well have been forgotten. Vivian was able to fulfil her wish, in that she told her story as a witness to murder and brutality against humanity by the Japanese Army at the 1947 Tokyo War Crimes Trial.

Fifty years after the event she came ashore once again on Bangka Island, Vivian and some of the other nurses came to pay one last tribute to their colleagues. She and her fellow POWs, stood on a beach at a point which they felt to be near the site of the murders, and here they unveiled a shrine to the 41 nurses from the Vyner Brooke who did not return.

ARRC* - Associate of the Royal Red Cross

ED* - Efficiency Decoration

FNM* - Florence Nightingale Medal

FRCNA* - Fellow Royal College Nursing Australia

^[1] with help from many DVA and Military internet web site articles.

Post Script.

Having poured my heart out reading of the indignities and barbaric cruelty dished out to the Nursing Fraternity, the NON COMBATANTS, I had to ask the Department of Defence the reasons, if any, given her specific courage and pain as to why she was not awarded some recognition for bravery etc. The response was as long and painful to read, needless to say that she did not get nominated for any awards and hence — no recognition for her gallantry. I have the Canberra response on my PC, if anyone wants a copy just ask.

The Editor

— AUSSIE BUSH ETIQUETTE —

When sending your wife down the road to get a can of petrol for the ute and generator, it's impolite to ask her to bring back a carton for you and your mate.

PADRE'S CORNER

Take me to your leader - Who is it this month ??

Leadership in a democracy like hours can be fraught with uncertainty, there is always talk of a challenge, often generated by the media. In some countries leadership depends on who has the strongest military support, or perhaps who has the most wealth or the most political power.

Fortunately for most of us leadership in the Defence Force did not have any degree of uncertainty. Yes, there were times when we seriously questioned or doubted the leadership qualities of someone in the chain above us but it did not result in outright rebellion or action to remove them. We all look to leadership of some kind, it is part of the human condition. Even the most independent of people who claim they do not need leadership will own someone as an example or inspiration to follow. But of course true or good leadership has two dimensions for it to be effective. It needs first those who will respond to the leader and secondly true leadership must have a leader who is considerate and aware of the circumstances and needs of those he leads. Then between them they can get somewhere and achieve much.

On a personal level I reckon we have the perfect leadership in our relationship with The Almighty - the is if we use it. That is what Faith is all about:

Forsaking
All else
I
Trust
Him.

Sometimes it is hard to hand over to God and trust him to lead and care for us; believe me, I know from personal experience. But the other side of the equation is that our Lord *is* the perfect leader. He promises to care for those who put there trust in His leadership and he delivers. First it is through His Son, Jesus, as our personal guide and saviour. Then it is through His Holy Spirit who upholds and strengthens us. Surprisingly it does not take much to put ourselves under the Almighty's perfect and all embracing leadership. Just pray that God will lead you and care for you, then commit yourself to his leadership - He can't be rolled !!

Bill Wheeler

MID YEAR RAFFLE RESULTS

The Committee thank all those who helped out in selling the tickets, particularly to Jane Daly who, as the past master, of de-stapling and separating the stubs for the draw — a labour of love and broken finger nails. Special thanks to all that bought tickets, they are our mainstay in staying afloat.

Congratulations to our Mid Year Raffle Winners for 2010, they are :

1st Prize: Ticket 17698 - Janet Chaseling of Kurrajong

2nd Prize: Ticket 18375 - Nolene Hawks of Lemon Grove

3rd Prize: Ticker 18850 - Peter Collins of North Richmond

WELCOME TO NEW MEMBERS

The President, Committee and Members of the BMVV&AF Inc. would like to welcome the following New Members into the Association.

MEMBER:

Mr. Francis **Hanly**. ex RAN, R35488 Able Seaman HMAS Shoalhaven, Korea July—September 1950

Mr. Peter **Ryan** ex RAAF, A57187 LAC Air Frame Fitter, 9SQN Vietnam 11/06/68 - 05/06/69

LAC. Grant **Robertson**. Currently serving in the Air Force Theatre of Operation Middle East. 1 AOSS AMS RAAF RICHMOND NSW.

TPR. Christopher **Holland**. Currently serving in Army Theatre of Operation Solomon Islands Unit 1/15 Royal NSW Lancers.

ASSOCIATE MEMBER:

Neville **Moloney** ex RAN HMAS Stuart, Menai NSW

Phillip James (Jim) **McKinnon**, Cpl Unit 17 Bn A Coy, Army Reserve.

We hope that we are able to be of mutual help and benefit to each other and that we can complement each other. You are invited to call into the office on any Tuesday or Thursday and meet the team. If you are in our area and can volunteer some time please contact the **Secretary on 4751 8528**.

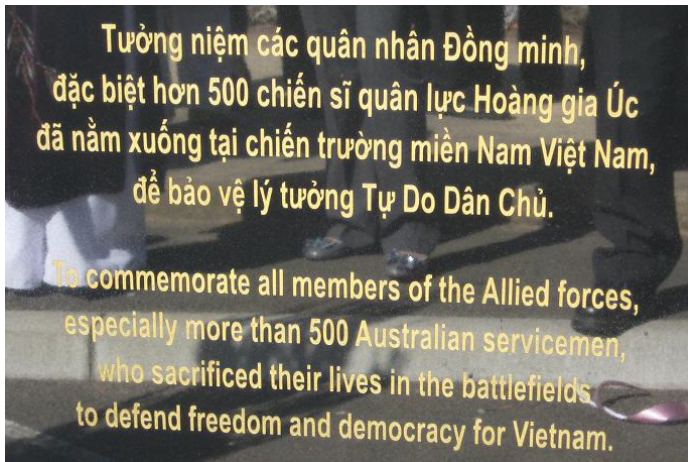
DFRDB INDEXATION — WHERE IS IT GOING

Following a Joint Press Release issued 27 **June** 2010 by the Coalition expressing increased support for Australia's Veterans and Ex-Service Personnel, John Connell (President Glenbrook RSL Sub Branch) and **CONTACT!** Editor (standing in for Hon. Sec. John Fenton), had an informal discussion with Louise Markus MHR, Liberal Candidate for the seat of Macquarie and Shadow Minister for Veterans' Affairs. The release stated, et al: "... under a Coalition Government, **from 1 July 2011** those DFRDB members aged 55 or older **will have their military superannuation pensions indexed to the greater of** the Consumer Price Index (CPI), Male Total Average Weekly Earnings (MTAWE) or the Pensioner and Beneficiary Living Cost Index (PBLCI)..." The proposed Coalition changes would recognize the unique nature of military service and obviously the **recognition will be entirely dependent on the Tony Abbott led Coalition winning the next Federal Election**, which is expected in the not too distant future. Please remember the Proposed stance is realistically an Election Statement; one which would be a good start to right past injustices of both major parties, regarding our superannuation benefits and open the way to negotiation for a better deal for the widows of DFRDB superannuants and dare we say some form of retrospectivity to make amends !! The meeting over coffee was congenial and other issues briefly mentioned included: the lack of understanding of many GPs as to what the various Associations provide as was apparent from a GP Forum recently held in the Mountains, the apparent overall lack of information being given to our young returned veterans (from phone call queries taken); who can I speak to?, what constitutes a DVA Claim? Who can best advise me on claims? Where can I get that assistance? Who really understands what I went through? All in all a pleasant meeting in almost sub-zero conditions. Keep your eyes and ears open, talk to our welfare officers / your Local Member. Read the full release through our website bmvets.com.au

EVENTS AND HAPPENINGS

On the 22nd May the Vietnamese Community Celebrated the 35th year of their settlement in Australia. The celebration was held at the Bonnyrigg NSW Vietnamese Community and Cultural Centre. To mark the Celebration a magnificent polished black marble Obelisk was unveiled by Honoured guests including Local and State Government dignitaries. The four sides commemorates those who perished during the conflict and the approximate 500,000 Vietnamese who were lost at sea whilst striking out to Australia. Our Association was represented by A/President Glenn Daly and Graham Glasson. The day consisted of speeches, Dragon Dancers, a group of five beautiful young Vietnamese girls on strings played a fabulous group of traditional, Modern and R&B music and lunch. You can visit the Memorial Obelisk at the Vietnamese Community and Cultural Centre, 6-8 Bibbys Place, Bonnyrigg NSW.

Ed.



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RSL Meritorious Service Medal

We are proud to announce that our current Vice President, Glenn Daly, was awarded the prestigious RSL Meritorious Service Medal at the recent RSL State Congress. The Medal is the highest award that can be made available to a member over and above Life Membership in accordance with RSL. A Life Member who has been a member continuously for a period of not less than 30 years and who during that period has given not less than 25 years outstanding service to the League, may, on the recommendation of the National Executive, be awarded a Meritorious Service Medal by the National Congress. In Glenn's case his service to the Maritime Services Sub-Branch has earned his place as a recipient with great honour. The medal was presented by Ken Doolan, the National President and Don Rowe, State President, at the NSW Annual Congress at Rooty Hill RSL Club on 25 May 2010.



There is much more to tell about our Glenn, so watch out for the next issue of **CONTACT!** Where we can explore a bit deeper into his past.

Ed.

MEMORIAL DAY PARADE AND SERVICE

11:00AM SUNDAY 15TH AUGUST 2010

Official Guest of Honour Miss Patricia Amphlett OAM (Little Pattie)

Accompanied by Jacqui De Paul, Lorrae Desmond MBE, Lynne Fletcher, Dinah Lee, Sylvia Raye, Helen Keayes-Nolan and Nicki Gillis

This year our **Association is Commemorating the 25th Anniversary** of its founding, the **40th Anniversary** of the awarding of the US Presidential Unit Citation to the Australian Army Training Team Vietnam (AATTV) and the **44th Anniversary of the Battle of Long Tan** as a result of which D Company, 6th Battalion the Royal Australian Regiment (D Coy, 6 RAR) was awarded the US Presidential Unit Citation. The Memorial Day Parade & Service held in Springwood each year is the largest of its kind in NSW.

The Parade will assemble in the vicinity of the **Fire Station Macquarie Road Springwood at 1100 hours and step off at 1130 hours**. Associations who require a Banner party from 21 Army Cadet Unit should contact the office ASAP. The Memorial Service will commence immediately after the parade at approximately 1145 hours at the War Memorial, Buckland Park Springwood.

There will be an opportunity to gather socially at the various restaurants and cafes throughout Springwood CBD, there will be a **social function at the Royal Hotel Macquarie Road Springwood** where the licensee has arranged **early opening for breakfast** as well as beverages at a favourable price. Accommodation is available at the Royal Hotel phone: (02) 4751 1021 and the Pioneer Way Motel Great Western Highway Faulconbridge phone: (02) 4751 2194.

The Transport Minister Mr John Robertson MLC has agreed to provide **free train, bus and ferry travel to personnel in uniform or wearing medals**. If you are using your own car **parking is available** in the rail car park and the car park opposite the Royal hotel and behind the shopping centre. Please also be aware that many areas will be sealed off by the Police, please ask the Police for help in this regard.

We have been in contact with many organizations and individuals to advise that normal march and activities have returned; but unlike last year the 2010 Memorial Day event will be bigger and better than ever. The Vietnam Veterans Motorcycle Club will proudly lead the march and form a Guard of Honour at the War Memorial. We have secured the NSW Police Band, the Springwood Salvation Army Band and we are grateful, indeed indebted to the Lithgow Highland Pipe Band for their continued support - rain, hail or shine. The Nam Bus will be made available for inspection and last and by no means least the wonderful people of Springwood and surrounding villages, people that have never let us down, people we are proud to know. Let's give all our guests a great Springwood welcome on our special day.

BE THERE

We look forward to your attendance on the day. **Volunteers** to assist with making this important day a success are needed, if you can help please contact the office:

Phone: (02) 4751 8528 Tues and Thurs between 10:00am and 2:00pm

Email: secretary@bmvets.com.au

See Page 12 photo of our Guests taken on presentation of the 2010 John Campbell award at the 34th Entertainment Mo Awards.

TO ALL BLUE MOUNTAINS , NEPEAN and HAWKESBURY RESIDENT MEMBERS - VOLUNTEERS NEEDED

Our Mowing Service is in extreme need of fresh volunteers. Peter Jones and Alan Braid have, for countless years, been the sole stable reason for the success of our service to older Vets / Widows. Their commitment has been beyond remarkable. **BUT** age has wearied them and they are retiring from the service this Spring / Summer season. The job is sometimes augmented by 'Work for the Dole' type people but in the main it has always been PJ, AB and a few other members. The job pays really well: a lot of goodwill and appreciation from their clients and maybe a few free brews / bickies and lunch paid for by the association. There are no special requirements such as licences etc, just a willingness to spend some time helping our ageing members and widows of members. **WE ARE DESPERATE FOR MEMBERS TO VOLUNTEER TO ENSURE THE SERVICE IS MAINTAINED.** The work is regular, can be heavy at times and time consuming. Please dig deep, we do not wish to lose the service, please contact the Secretary on 4751 8528 or Peter on 4751 8833 for more information.

FORT COURAGE

Are you a bit like President Jack? a caravanner / camper, a fisherman? (some may even say a Phantom) then FORT COURAGE is probably a stop over you would enjoy. An oldé mate of mine (and his much spritelier wife) has recently returned from his Umpty Umph trip in and around this great country of ours. Apart from all the usual problems you can have on such adventures, like monster trees falling on your 'Landy', dropping caravans off your Prado onto the track, aircon clapping out plus many other minor problems this couple have seen most of it -- twice; but they were quite taken with their stay at Fort Courage.

Fort Courage is located about 20 km west of Wentworth NSW. Head west on a fully sealed road (head west off the Silver City Hwy just out of Wentworth) to Fort Courage; the campsite is also accessible from North Renmark SA, albeit the road is not to flash according to the site caretaker. Owned by the Wentworth Angling Club, the site is managed by caretakers Stephen and Rayma, great people and nothing is too hard for them. As of 01 April 2010 sight fees were \$17.00 per night with powered site, tap water is not suitable for drinking but there are rain water tanks which are very good. Sites are mainly grassed, Dogs are welcome, and it's not a 4 star hotel if that's what you like. At time of writing there are only 2 male and 2 female showers and toilets but plans are in place to extend the amenities and the park. The laundry has 2 washing machines and a dryer. There are a few permanents but they are away from the casual sites, 3 camp kitchens with every thing that you could want are available, a lodge that caters for fishing groups, a Boat ramp and a pontoon to fish from, which is being extended to be 3 meters wide and extend into the river by approx 16 metres, it is on the banks of the Murray. A great place to stay especially if you like to fish; **you would be wise to give them a ring before you go to ensure they have sites as they have a lot of fishing clubs etc book in blocks.**

Phone 03 5027 3097 or Google Fort Courage Wentworth NSW Australia

Remember Rule No.1 of Public Speaking: A closed mouth gathers no feet



Left to Right:- Lynne Fletcher, Jacqui De Paul, Lorrae Desmond MBE, Dinah Lee, Sylvia Raye and Little Pattie OAM receive the *John Campbell Award at the 34th Entertainment Mo Awards from Keith Payne VC OAM*. The award was not only for entertaining the troops in Vietnam but for their continued on going support to Vietnam Veteran Community.

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A PARTING THOUGHT

I read an article recently that said the typical symptoms of stress are eating too much, impulse buying, and driving too fast. Are they kidding ? Sounds like my idea of the perfect day!

The Editor

